

Choosing a Sponsor for Confirmation

Dear Candidate,

You have chosen a sponsor to assist you in faithfully fulfilling your baptismal promises with the help of the Holy Spirit. In choosing this sponsor, you recognize their maturity and practice of the faith to help you conform more closely to Christ.

Requirements for Godparents and Confirmation Sponsors

Church Law (Code of Canon Law, can. 874 §1) requires that the godparent/sponsor be:

- **At least 16 years old**
- **Fully-initiated Catholic (having received the sacraments of Baptism, Confirmation, and Eucharist)**
- **Not bound by any canonical penalty (e.g. a person who is married must be in a marriage which is recognized by the Church)**
- **Leading a life of faith befitting the role to be undertaken [regularly attending Mass on Sunday and living the faith]**
- **Not parents of the child (for infant Baptism)**
- **May be parent of the candidate (for Confirmation)**

Use of the Godparent/Sponsor Attestation Form for Baptism and Confirmation

These criteria reflect the Church's view that living the faith is taught best by example. **Your chosen godparent(s)/sponsor are asked to give witness to meeting these requirements by completing the Godparent/Sponsor Attestation Form.** Please provide them with this form in a timely manner so that it can be returned to the parish prior to the celebration of the sacrament.

NOTE: Form and all Confirmation Information is available for download at www.sjnpowhatan.org